

# Make your own yoga puppet with

# MULA



Twist the pencil  
to help Mula  
stretch!

## INSTRUCTIONS:

1. Colour-in Mula the tiger to bring her to life!
2. Carefully cut along the dotted lines.  
(Ask an adult to help you use scissors.)
3. Roll into a tall tube and secure the ends with a paperclip, stapler or glue.
4. Pierce through the holes with the pencil.
5. Fold Mula's paws over each side of the pencil and fasten the front and back together.

## YOU WILL NEED:

- colouring pencils, pens or crayons
- a pencil
- a pair of scissors
- a glue stick, stapler or paperclip

## TEMPLATE:

